

Pillows

Count: 24

Wall: 4

Level: Beginner waltz

Choreographer: Linda Burgess- Australia – October 2018

Music: Painting Pillows - Lauren Alaina- EP (3.17mins)



Intro: 24 counts.

[1-6] BASIC WALTZ FWD, BASIC WALTZ BACK

1,2,3 Step fwd L, step R beside L, step L in place
4,5,6 Step back R, step L beside R, step R in place

[7-12] L TWINKLE, R TWINKLE

1,2,3 Cross/step L over R, step R to R, step L in place
4,5,6 Cross/step R over L, step L to L, step R in place

[13-18] FWD, SWEEP, FWD, SWEEP

1,2,3 Step fwd L (1), sweep R around to front (2,3)
4,5,6 Step fwd R (4), sweep L around to front (5,6)

[19-24] TWINKLE ¼ L, BASIC WALTZ BACK

1,2,3 Cross/step L over R, turn ¼ L & step R beside L, step L in place
4,5,6 Step back R, step L beside R, step R in place

Restart: Wall 5 (facing 12:00). Dance counts 1-12 and restart 12.00

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**Rachael McEnaney has a beautiful Advanced Waltz to this song.
I have choreographed this dance as a split floor for Beginners.**